



GRAPE TOMATOES



Fresh Facts

RedHat grape tomatoes are great for a quick and healthy snack. They're delicious when added to salad and pasta dishes and roasting them in the oven brings out even more of their flavor. It's a little vegetable with a lot of power. Whether it's red, orange or yellow grape tomatoes- each one gives a satisfying crunch with the first bite and a burst of juicy flavor on the inside.

Tomatoes are loaded with antioxidants and vitamins and are a tasty way to stay healthy. Loaded with Lycopene, a vital antioxidant that eliminates free radicals from the body, Grape Tomatoes bring incredible flavor and nutrition to any meal. With that fresh from the garden taste, eating well never tasted so good.

Grape Tomatoes

Nutrition Facts	
Valeur nutritive	
Per 8 tomatoes (89 g)	
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Amount	% Daily Value
Teneur	% valeur quotidienne
Calories / Calories 25	
Fat / Lipides 0 g	0 %
Saturated / saturés 0 g	0 %
+ Trans / trans 0 g	
Cholesterol / Cholestérol 0 mg	
Sodium / Sodium 5 mg	0 %
Carbohydrate / Glucides 5 g	2 %
Fibre / Fibres 1 g	4 %
Sugars / Sucres 4 g	
Protein / Protéines 1 g	
Vitamin A / Vitamine A	20 %
Vitamin C / Vitamine C	35 %
Calcium / Calcium	0 %
Iron / Fer	2 %



Rooted in Freshness®